

It is the culmination of the seeds of desire and knowledge in one's own soul that unleashes unto this world the power of ambition. For it is ambition whom is the formidable foe against the one we call fear. The thing that holds the world around us hostage from what is and what can be.



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Patience wins out over impatientness when our mind  
surrenders to the self elected equation - *"My personal efforts  
are in direct proportion to my desired results."*

For this is often not the case....

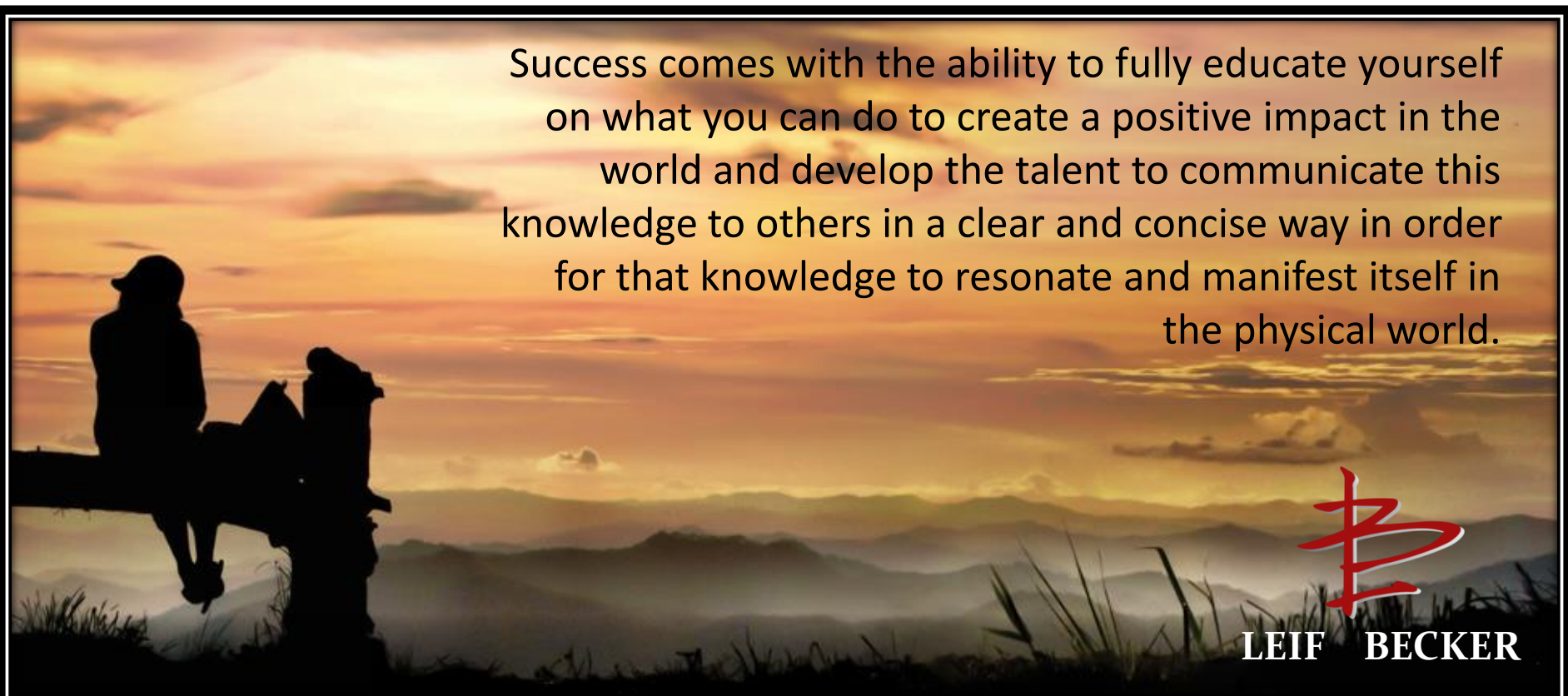


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There is an abstract reality that surrounds this world few have the courage to explore.



  
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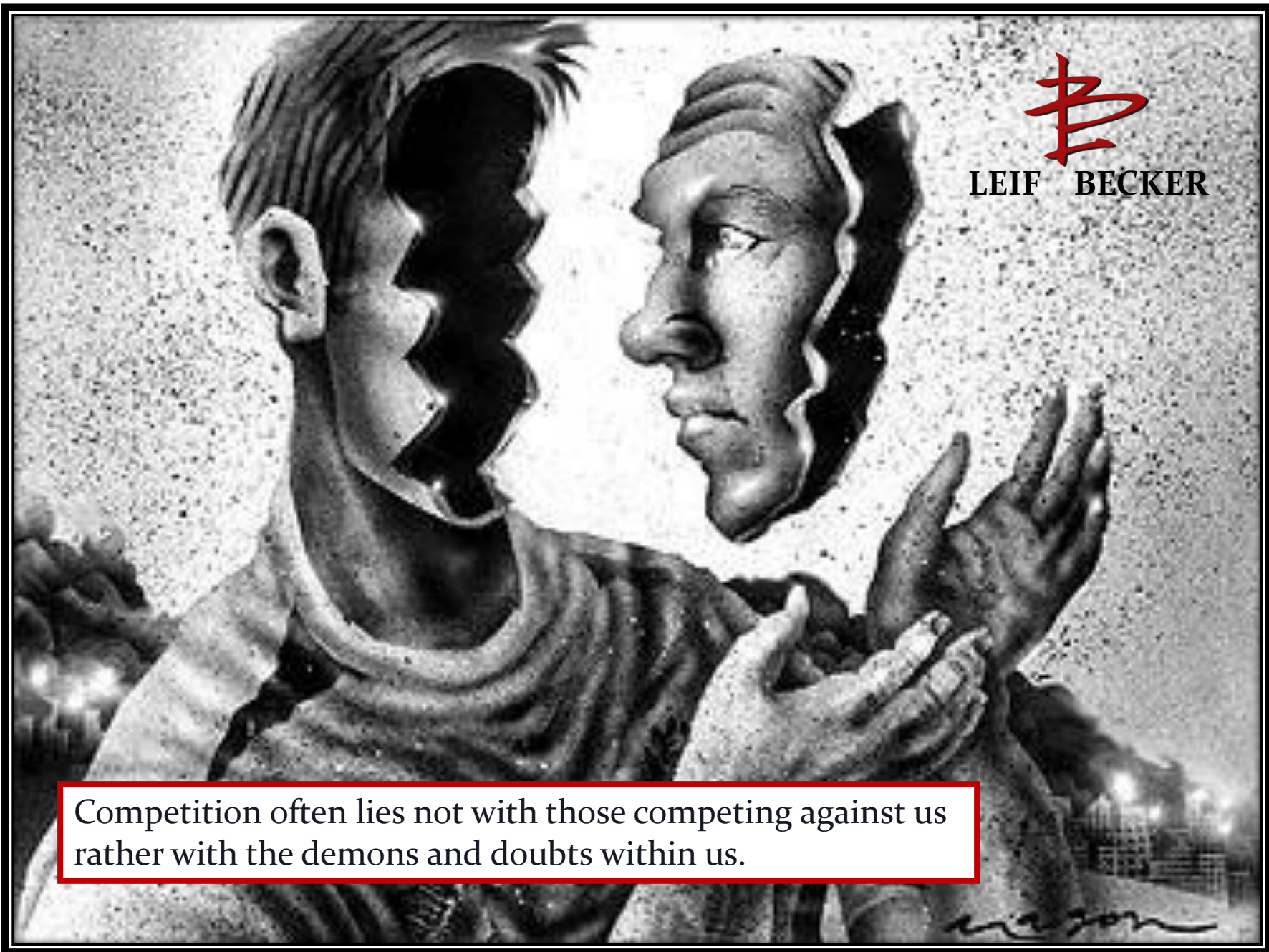
A silhouette of a person wearing a hat and a dog sitting on a log, looking out over a vast landscape of rolling hills and mountains under a dramatic sunset sky with orange and yellow hues. The scene is framed by a black border.

Success comes with the ability to fully educate yourself on what you can do to create a positive impact in the world and develop the talent to communicate this knowledge to others in a clear and concise way in order for that knowledge to resonate and manifest itself in the physical world.



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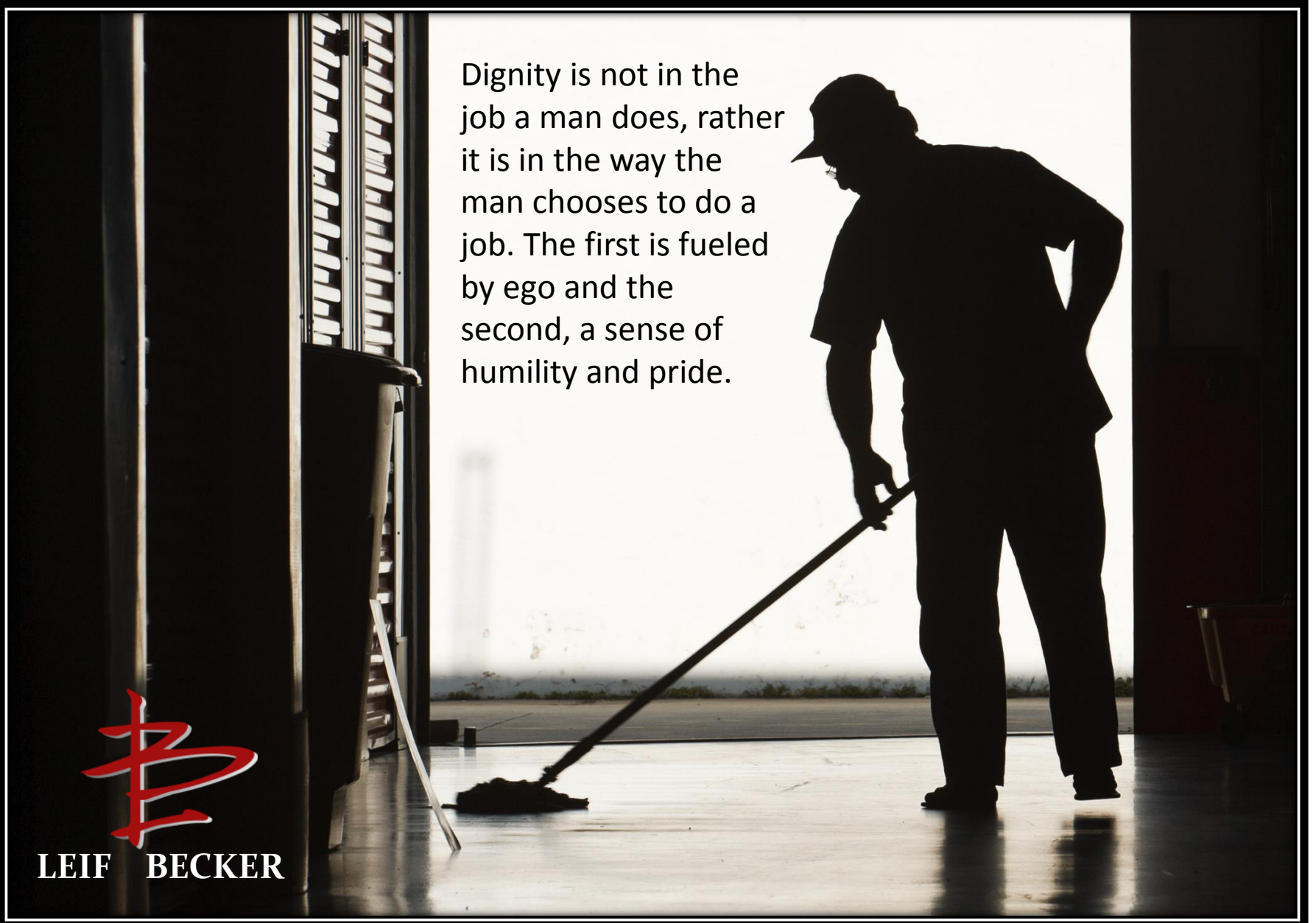




BE

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Competition often lies not with those competing against us rather with the demons and doubts within us.



Dignity is not in the  
job a man does, rather  
it is in the way the  
man chooses to do a  
job. The first is fueled  
by ego and the  
second, a sense of  
humility and pride.



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Your level of success will most often arrive in direct proportion to your level of certainty towards obtaining that success!



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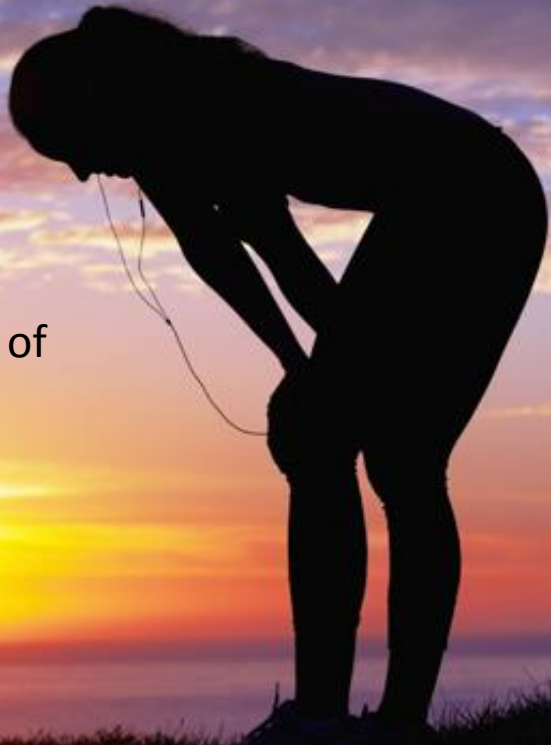
Transformation requires realignment within.

For without it transformation can not be sustained.



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A silhouette of a person bending over, possibly a runner, against a sunset sky. The person is wearing earbuds. The sky is a mix of blue, orange, and yellow, with the sun low on the horizon. The person is on a grassy hill.

It's not easy. It's not hard. It's toughness  
and determination that's in the mindset of  
a champion.



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A Champion knows the importance of following their head and their heart and when to listen to each.




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A photograph of a person in a white robe meditating on a rock by the water. The person's hands are in a mudra, and the scene is reflected in the water. The background is a clear blue sky.

It's in times of peace and tranquility  
that clarity is formed.

A stylized red logo consisting of a vertical line with a horizontal bar and a curved top, resembling a calligraphic letter 'B'.

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A person is shown from the side, sitting in a meditative pose on a rocky beach. The background is a bright sunset over the ocean, with the sun low on the horizon and its light reflecting on the water. The person's hands are in a mudra, with fingers interlocked. The overall mood is peaceful and contemplative.

May today be full of opportunity created  
through an open heart, accepting mind and  
able body!



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Your dreams are nothing more than seeds lying dormant beneath the earth until the day you commit to sustained daily action towards their achievement. Only then will they be exposed to the world and allowed to flourish.



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Look onto this day with the realization that we are more like one another than we realize. We all wake each day with the same purpose; to express who we are into the world and do so by accepting the challenges we are about to face and embrace the successes that unfold. Today, look at everyone around you and realize in actuality we are each attempting the achieve the same thing, a deeper understanding and application of our self purpose.



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**As a Champion steps into a new challenge they do not make the commitment to not fall or stumble along the way in achieving their vision.**

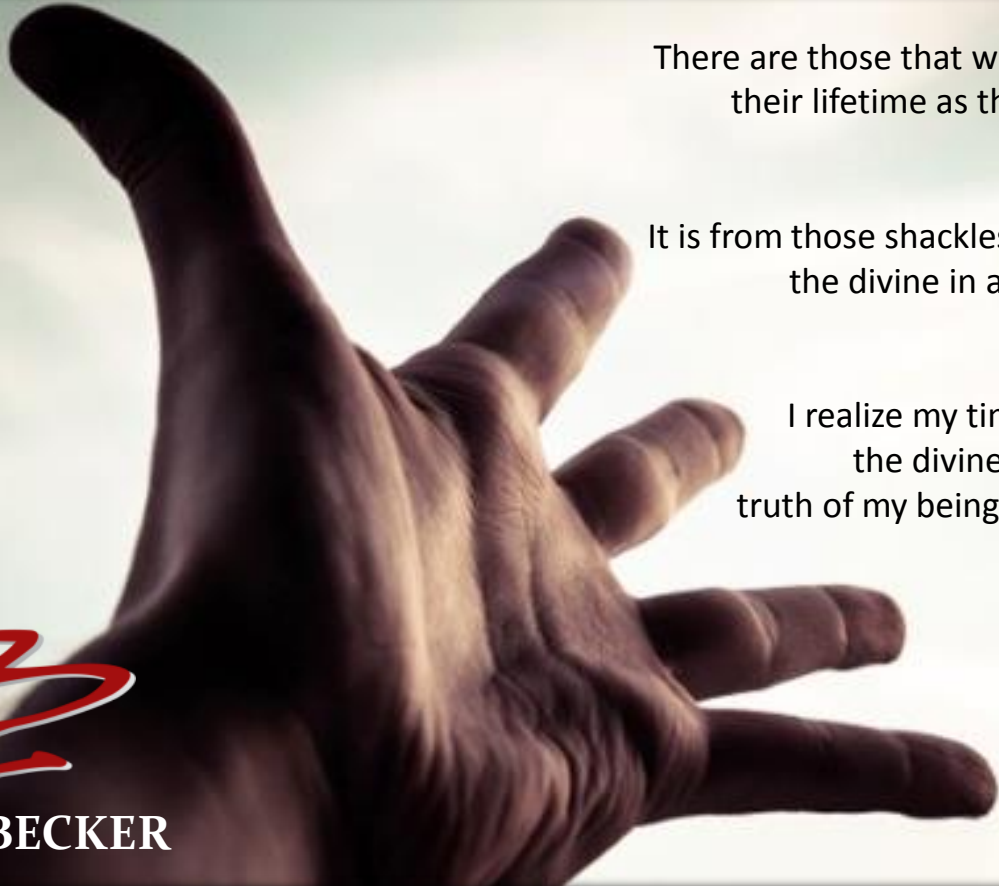
**Rather they make the commitment that upon falling they will get back up and continue on.**

**The first is the expectation of perfection and the later is the acceptance of the human experience called life and the journey of growth and development of self.**



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There are those that will seek great fortunes, fame or power in their lifetime as this will bring a sense of purpose to their current existence.

It is from those shackles I remove myself and commit to finding the divine in all that surrounds me; for it is there true everlasting source lies.

I realize my time here is limited. It is my connection to the divine source that keeps me connected to the truth of my being as I live out my days within the physical senses that encapsulate and direct me.

May I forever live in the presence of eternity and purity for what is seen and unseen.



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LIVE  
IN LOVE,  
APPRECIATION  
AND GRATITUDE  
AND YOUR TRUE JOURNEY WILL  
REVEAL ITSELF

  
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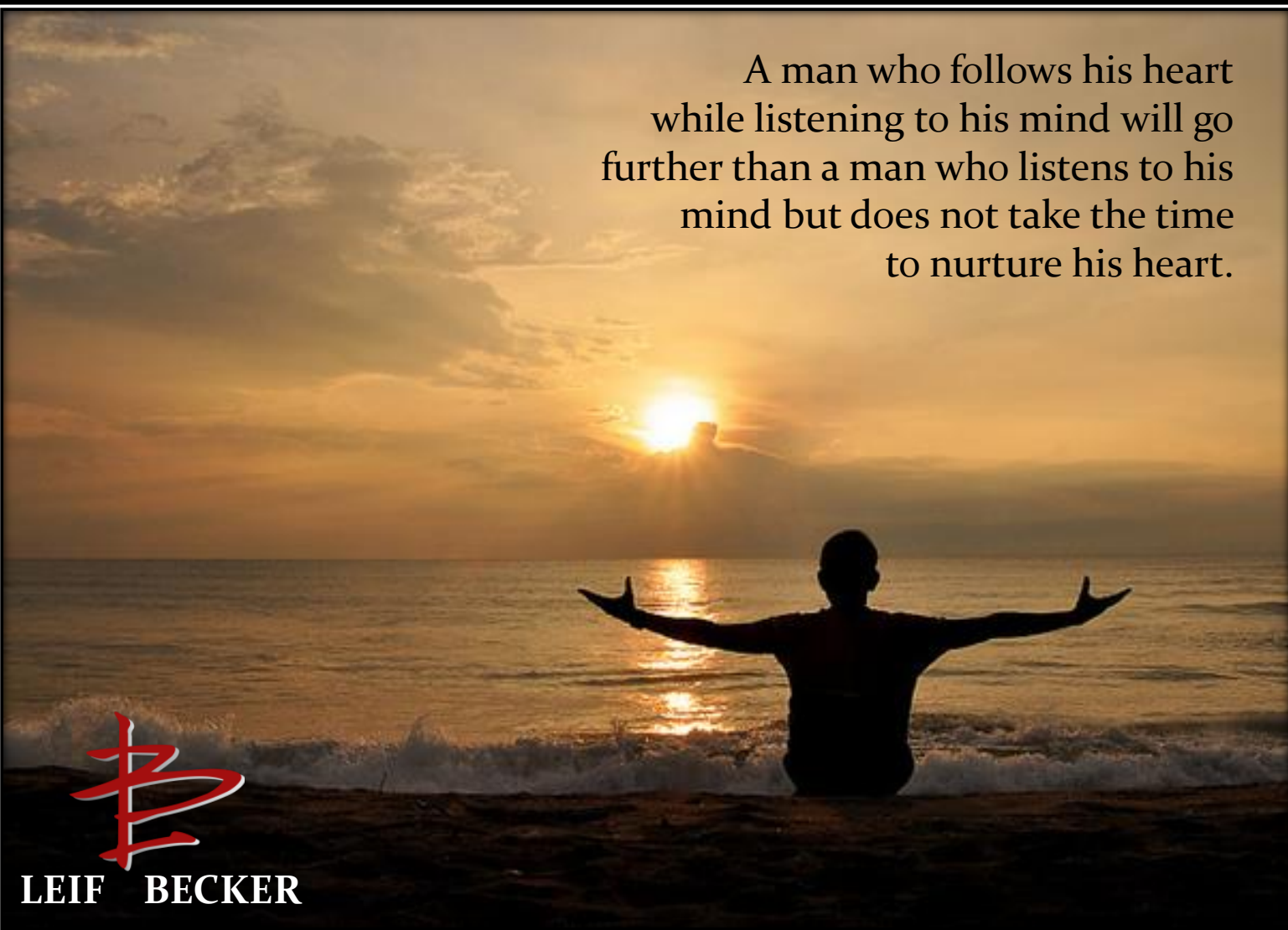




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Sometimes in order to find yourself  
you have to be willing to get lost  
from the world that surrounds you.





A man who follows his heart  
while listening to his mind will go  
further than a man who listens to his  
mind but does not take the time  
to nurture his heart.



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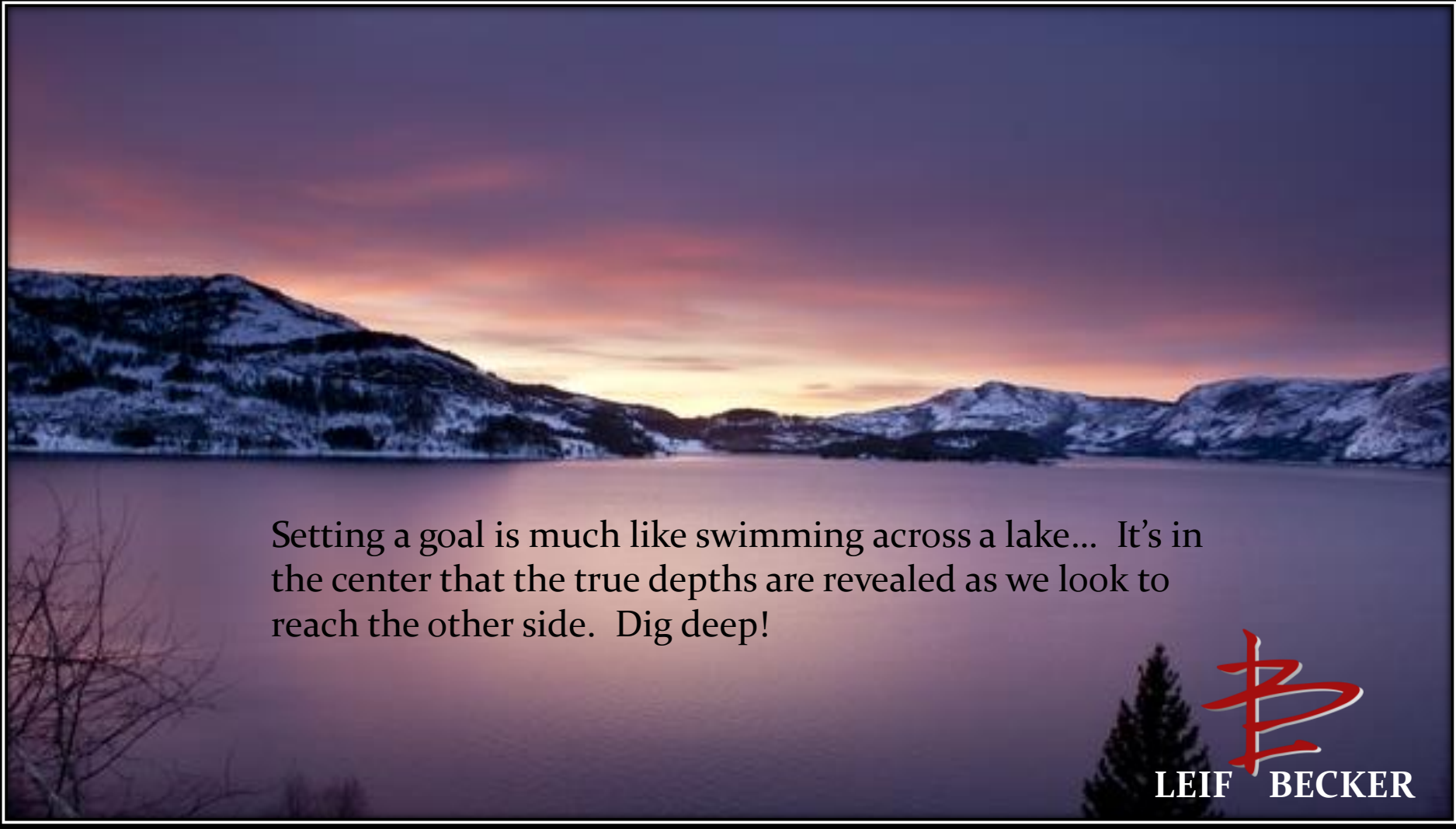
The mind can be peppered with facts and figures in the world of business but the soul... The soul must be massaged to be strengthened.

Great leaders understand this difference.



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Setting a goal is much like swimming across a lake... It's in the center that the true depths are revealed as we look to reach the other side. Dig deep!



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Wake up and embrace the day! Balance,  
align, execute!!!



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Champions hold the ability for which the mind and spirit have a strong working relationship with one another.

The spirit holds the vision as the mind assembles the tasks and together ambition is created to manifest what has been conceived and analyzed.



  
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It is the depth of our breath that expresses the  
life of our soul.



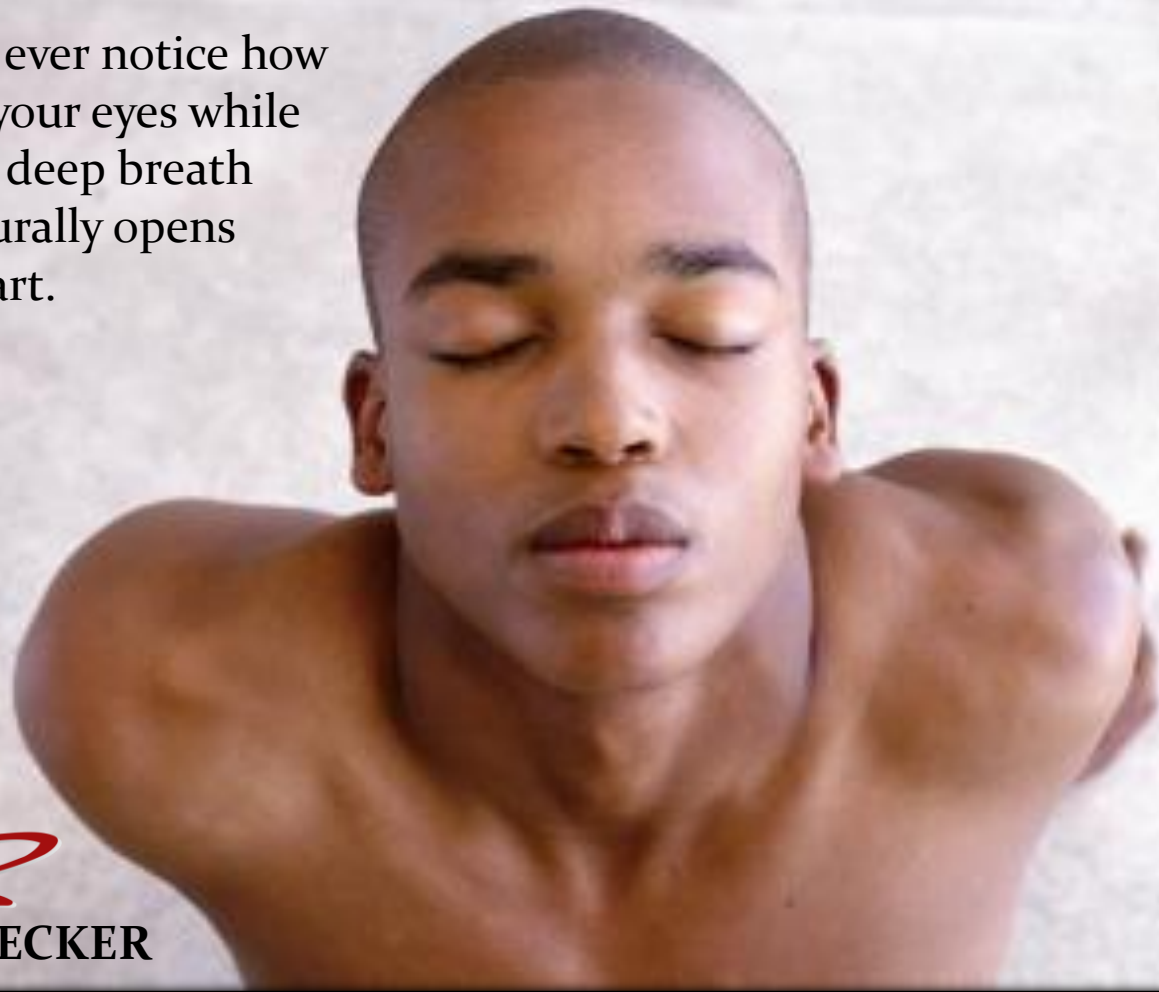
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Champions too become a creature of habit. They just make sure there the right ones!

A person in a yellow long-sleeved shirt and black shorts is running away from the camera on a paved road. The road has a yellow dashed line down the center and leads towards a range of brown mountains under a clear blue sky. The person's right foot is in mid-stride, showing a black and pink running shoe.

  
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Did you ever notice how  
closing your eyes while  
taking a deep breath  
just naturally opens  
your heart.



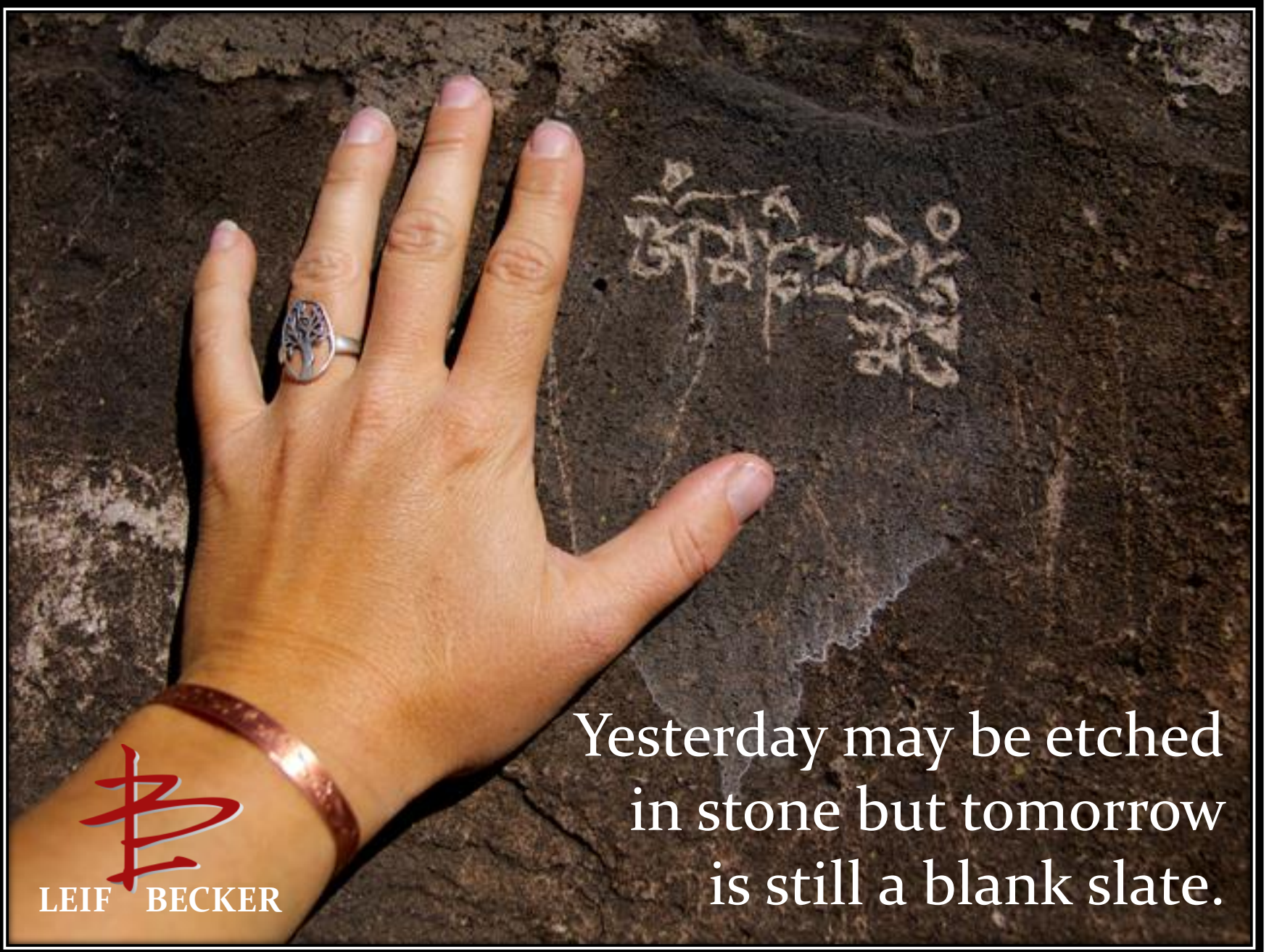
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With 350,000 souls entering and 150,000 leaving earth each day it is much more acceptable to embrace this process as a coming and going rather than a beginning and an end.



  
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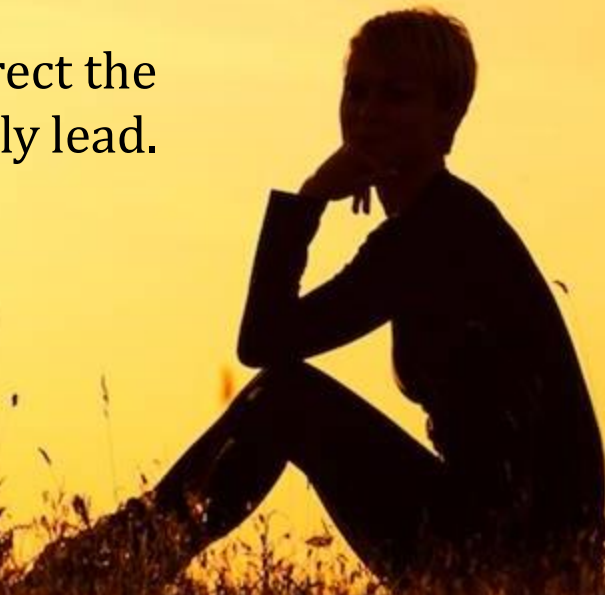
Yesterday may be etched  
in stone but tomorrow  
is still a blank slate.

  
LEIF BECKER



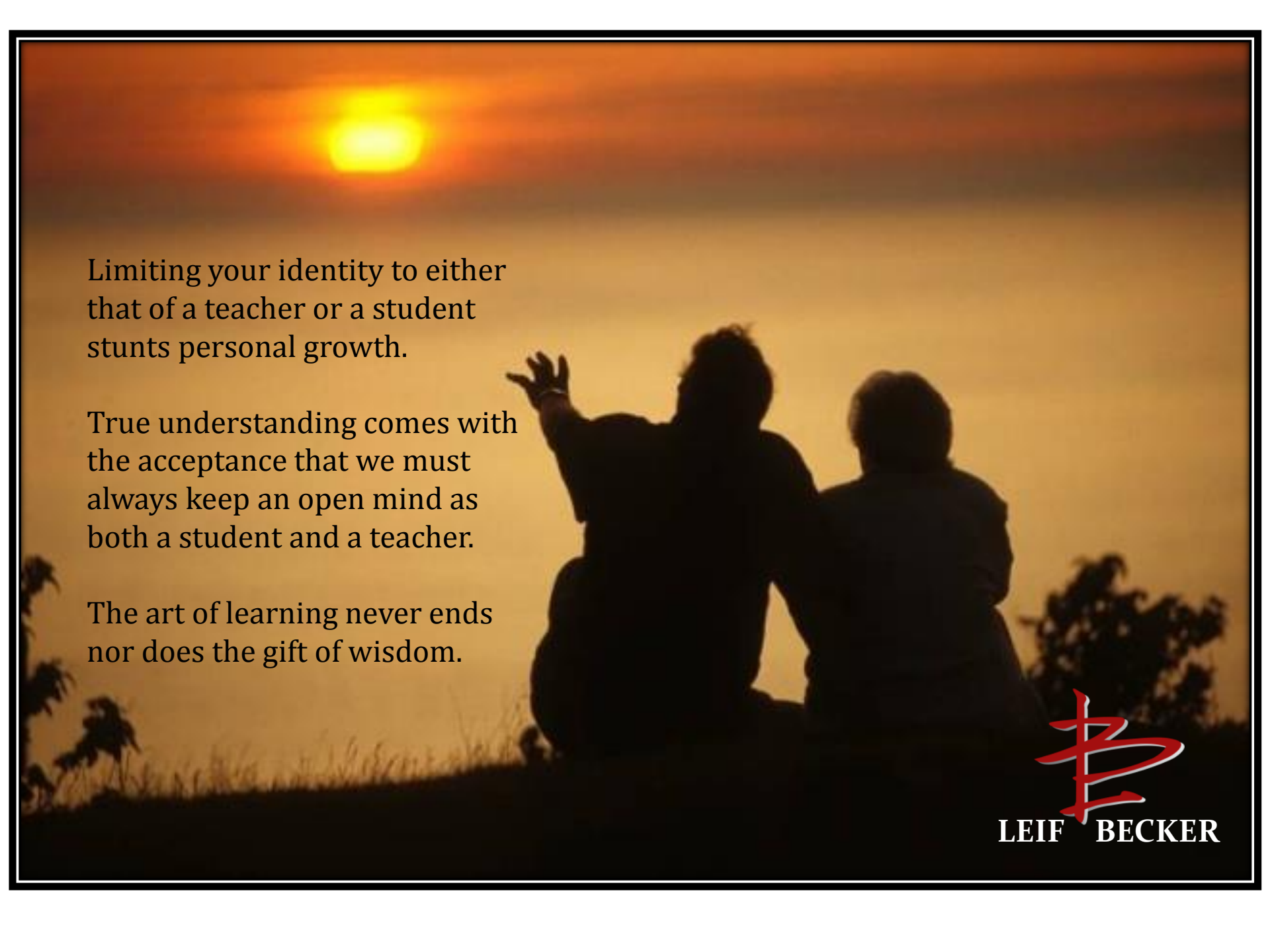
We are most free when we are at a  
loss for the time and the day...

Yet it is those forces that direct the  
lives we ultimately lead.



  
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The background of the entire image is a photograph of two people sitting on a grassy hill at sunset. The sun is a bright, glowing orb in the upper left quadrant, casting a warm, orange and yellow light across the sky. The silhouettes of the two people are dark against the bright background. The person on the left is sitting and has their right arm raised, with their hand open as if gesturing or feeling the breeze. The person on the right is sitting and looking towards the sun. The overall mood is peaceful and contemplative.

Limiting your identity to either  
that of a teacher or a student  
stunts personal growth.

True understanding comes with  
the acceptance that we must  
always keep an open mind as  
both a student and a teacher.

The art of learning never ends  
nor does the gift of wisdom.

A stylized, red, calligraphic logo consisting of a vertical line with a horizontal crossbar and a curved tail that loops back to the left, resembling a signature or a monogram.

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A champion embraces transformation!

A champion understands the importance of acknowledging the positive even while addressing the negative.



"Performance is the opportunity to achieve.  
Mastery is the ability to surrender." - LB

Champions understand when and when not to be concerned about time. It's only one of the many factors when living the journey to your true destination.





Tell enough people and  
Tell the right people and  
You can achieve anything.